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Give someone a compliment	Bake something yummy and drop it off to a neighbor for them to enjoy	Write encouraging messages on your driveway/ sidewalk or signs in your windows	Offer childcare to friends with children at home by reading a book or playing a game with their children online.	Go for a walk and pick up trash along the way
Do a chore for someone in your household	Paint kindness rocks snd leave then around your neighborhood	Teach someone something new through Social Media or an online call (Zoom, Facetime, etc)	Send someone flowers	Have food or other essential items delivered for someone
Call and check in on a friend and/or family member	Write a positive review for a local small business	Fill in your own act of Kindness:	Buy coffee for the person behind you in line	Order a meal for an essential worker
Make masks to donate or donate supplies for masks to be made	Send a hope-filled card to someone who needs encouragement	Play a game with someone	Offer to run an errand for someone	Share good news on social media
Leave a thank you note for your mail carrier	Do yard work for a neighbor	Organize an online get together with friends and neighbors	Tell someone why you are thankful for them	Make a care package for a health care provider

#kindnessstartswithme